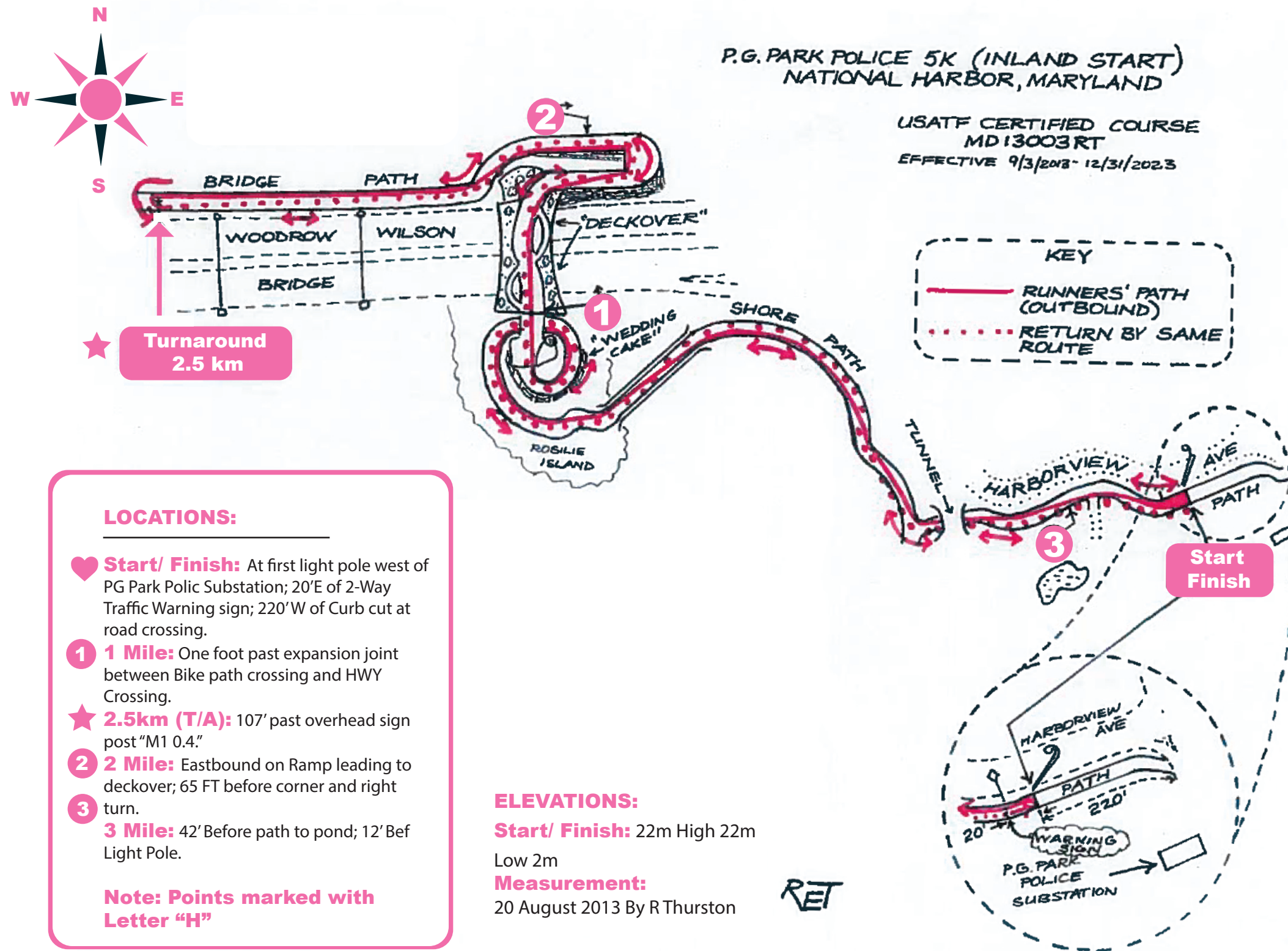


2023 THE TEKAU'S HEART MEMORIAL FOUNDATION 5K RUN-1 MILE WALK COURSE MAP



IN CASE OF AN EMERGENCY:

Please call the number listed below and be prepared to provide your location (V#), participants bib #.

(301) 459-9088



USATF CERTIFIED COURSE | MD13003RT:

EFFECTIVE 9/3/2013-12/31/2023

MAP NOT TO SCALE